

Best Practice -2

1. The Title of the Practice: Promoting Environmental and Health Consciousness

2. Objectives of the Practice:

- To increase awareness about the health and environment by encouraging the habits of cleanliness and healthy life style among the students and community

3. The Context:

Man has degraded his environment by pollution and culture by leaving healthy habits. Many healthy habits and stress free life activities have been left out as a consequence of social change.

4. Practice:

In order to promote environmental and health consciousness, the institution has organized the number of programs during the academic session 2020-2021, such as Tree Plantation, International Yoga Day, Cleanliness Drive, Fit India Plog Run, Blood Donation and Health Checkup Camp, e-waste Management and Webinar on Physical and Mental Problems and their Remedies.

5. Evidence of Success:

The practice has created awareness among the students and people in the society in general about the environment and health consciousness. The various events organized by the institution helped the students change their attitude towards environment and healthy lifestyle.

6. Problem Encountered and Resources Required: While carrying out environmental and health consciousness events, it has been noticed that the people in the society are not much aware about the protection of environment.